

Wound Care Instructions

- If you had a **biopsy**:
 1. Keep the biopsy site dry the day of the procedure.
 2. You may shower normally the next day, but do not immerse the wound in bath water.
 3. Gently cleanse the wound 1-2 times daily with mild soap and water.
 4. Pat dry, then apply a thick layer of Vaseline and cover with a Band-Aid.
 5. Keep the wound moist with Vaseline to avoid scabbing.
 6. It is normal for the wound to develop a thin yellowish film on its surface.
 7. Continue wound care until the site fully heals; this may be 1-2 weeks depending on body location.
- If you were treated with **liquid nitrogen (freezing)**:
 1. Blistering is a normal response. If blistering becomes bothersome, sterilize a needle over an open flame and pierce the blister to drain fluid out. Do not remove the blister as it protects the underlying skin.
 2. Cleanse 1-2 times daily with mild soap and water.
 3. Vaseline may be used for irritation or itching; it may also help speed healing time.
 4. Continue wound care until site fully heals; this may be 1-2 weeks depending on body location.

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